

# *Indiana High School Wrestling Coaches Association*



This Certifies That

Jay Ochoa  
of  
Lawrence Central High School

Merits this Award of Distinction

*Jr. 1st Team Academic All-State*

for the 2023-2024 Season

Presented by:

**Indiana High School Coaches Association**

**Sponsored by: Dr. Donald K. Shelbourne - M.D.**

*Ed Pendowski - Carmel HS*

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