

# Academic All-State

Indiana High School Wrestling Coaches Association

—•— Certifies That —•—

## Ben Seramur of Valparaiso High School

Merits this Award of Distinction for the 2025-2026 Season

Senior 2nd Team Academic All-State

Sponsored by Dr. Donald K. Shelbourne - M.D.



*Ed Pendowski - Warren Central HS*

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